

WORKING WITH WOMEN WITH MENTAL HEALTH NEEDS

- 3-day training course -

Background

Inequality Agenda www.inequalityagenda.co.uk supports gender informed practice in services for people who have mental health needs. "Working with Women with Mental Health Needs" has been positively evaluated by staff working in community, inpatient and secure psychiatric services including prisons. This is our most popular course and its role in improving service responses to women is recognised within the NHS and independent sector throughout the UK.

Who is it for?

This course is specially designed for staff working with women who have mental health needs. This includes managers and decision makers as well as those directly involved in meeting the mental health needs of women.

Aims & Objectives

To support gender informed practice in staff working with women who have mental health needs, to increase their:

- Understanding and knowledge of the impact of gender, and other inequalities, on:
 - women's lives and mental health,
 - women's pathways to services
 - service responses to women
- Confidence and creativity in using this knowledge to inform their work with women
- Compassion and respect for female patients/clients
- Enthusiasm for promoting better services for women

Outline

The course has places for up to 16 participants and is provided at the venue of your choice. The day normally begins at 9.30 am and finishes at 4.30pm, with a break for lunch between 12.30 and 1.30pm.

Programme

The programme is available in two versions (1) For staff working in secure services including prisons, and (2) For staff working in in-patient and community mental health services. Handouts and other resources support the programme which consists of six modules:

1. Gender Matters
2. Gendered Causes of Distress
3. Pathways and Service Responses
4. Distress and Difficult Behaviour
5. Gender Informed Practice
6. Gender Informed Service Development

Training Methods

These include: reading packs; short presentations of information supported by handouts; DVD; safe opportunities for participants to draw upon their own lives and work based experience; paired and small group work; and large group discussions.

About the Trainers

Courses are delivered by accredited members of the Inequality Agenda Trainers' Network, experts in the field who ensure that our programmes really work. Our trainers all have up-to-date knowledge of research, policy and practice.

Costs

This 3-day course costs £4300+VAT. This includes all expenses, course materials, attendance certificates for participants and an 'immediate impact' evaluation report for service managers.